

Mission Statement

The purpose of Illinois United Athletics is to give students an opportunity to develop physically, socially, and spiritually to the glory of God.

*“So whether you eat or drink or whatever you do, do it all for the glory of God.”
1 Corinthians 10:31*

Goals

Athletics is a vital part of the whole curriculum. The Word of God is also the Word of Life. A Christian philosophy of life should govern and encompass every aspect and dimension of our school programs. This certainly includes the athletic activities of our school. The goals of our athletic program are:

1. To help students recognize and use the gifts that they have received from God.
2. To develop character traits such as: self-discipline, self-esteem, responsibility, leadership, and team-work.
3. To learn self-control under pressure, defeat, and failure, and proper acceptance of success and victory.
4. To give students the opportunity to work with other students in team sports.
5. To help prepare our students for participation in advanced levels of athletics.
6. To provide a Christian witness to all our members and community and to demonstrate by example the fruits of Christian faith in athletic competition.

Expected Parent Responsibilities

1. Parents will conduct themselves at all times and in all things in a God-pleasing manner.
2. Parents will realize that they are Christian role-models for their children.
3. Parents will provide transportation by driving (or furnishing drivers for practice and events). Teachers and coaches are not expected to provide this transportation.
4. Parents will supervise their younger children that they bring along to games. Do not let them run loose throughout the building or outside.
5. Parents will accept officials' decisions as part of the game. There is to be no criticism of the officials from the sidelines. This is a good opportunity to let your light shine.
6. Parents should assist where necessary in care of uniforms and keeping participants' personal equipment clean.
7. Parents will ensure their children arrive and leave scheduled practices and games promptly. If children are not picked up within 10 minutes of the end of practice, they will go to Immanuel Aftercare and be charged.
8. Parents will support the coaches during the sporting events and bring any concerns to them privately (after waiting 24 hours). Please refrain from “coaching” from the stands, the coaches are doing their best to help your children have a positive experience.

Expected Coaching Responsibilities

1. Coaches will conduct themselves at all times and in all things in a God-pleasing manner.
2. Coaches will realize that they are Christian role-models for their players.
3. Coaches will emphasize to their players that athletics is a way to represent their school, family, and more importantly their Savior.
4. Coaches will encourage their players to use their God-given abilities to their fullest potential. Coaches will also encourage their players by focusing on the positive and avoid over emphasizing the negative.
5. Coaches will be punctual for all practices and games.
6. Coaches will teach their players the fundamental skills, rules, and strategies of the sport.
7. Coaches will treat each player, coach, parent, and administrator from Immanuel, Our Savior's, and St. John's, and the opposing team, and all officials with dignity and respect.
8. Coaches will be sure that the Immanuel and opposing facilities are treated with care and respect. Coaches will make sure that the bench areas are cleaned before leaving.
9. Coaches will inform the parents of disruptive behavior as they see fit. Aftercare will not be used as a form of disciplinary action.

Expected Player Responsibilities

1. Players will conduct themselves in a Christian manner both on and off the playing field or court.
2. Players will respect and follow the directions of the coach.
3. Players will accept all calls of the officials.
4. Players will play to win in a sportsmanlike manner as part of a team, and not for self glorification.
5. Players will use appropriate language at all times.
6. Players will give glory to God in winning and losing.
7. Players will be respectful of equipment both in our school and at other facilities.
8. Players will faithfully care for any issued or purchased uniforms.
9. Players will attend and be on time to all practices and games. If a player is unable to attend a practice or a game, the coach should be notified as far in advance as possible.
10. Players will wear the proper practice attire.
11. Players will use their God-given talents to the best of their ability at all times, during both practices and games.
12. Players will maintain an academic level in keeping with your God-given abilities. Athletics is never to be used as an excuse for poor or incomplete work in school.
13. Players will be appropriately dressed, including the proper equipment, for all practices and games. If a player is not, the coach might not allow the player to participate fully in the practice or game.

Away Games and Tournaments

Parents are responsible for securing transportation for their child(ren) to and from away games and tournaments. Contact information can be found in the school directory which is distributed in the fall of each year.

Cancellations

Practice cancellations will try to be made on that day by 1 PM. Game cancellations will try to be made in a timely manner.

Attendance

Players are expected to attend all games and practices. Parents are expected to excuse their child from a game or practice prior to the absence. The notice should be made by a parent through a written note, email, phone call, text, or in person. A player must be in school for at least a ½ day in order to participate in that day's practice or games. Under special circumstances, an excused absence may result in a player being allowed to play. If a player misses a practice during a week, his/her playing time for an upcoming game or tournament may be diminished.

Emergency Contact Information

All parents must fill out an emergency contact information sheet which will be provided to the coaches in case a parent who is not in attendance needs to be contacted.

Athletic Eligibility

It is a privilege to participate on an athletic team at Immanuel Lutheran School. Our students are expected to use their God-given talents to their fullest extracurricular activities, but their first responsibility is academics and behavior. Therefore the following standards have been established in order to participate:

1. Having 2 D's or 1 F at mid-quarter or quarter grading periods would render a student ineligible.
2. A student declared ineligible may not participate in practices or games for 7 days. Eligibility will then be reevaluated.
3. If the student is deemed ineligible after the 7 day period, a new 7 day period will begin.
4. All grades are used to determine eligibility.
5. Unique circumstances may permit exceptions to these standards.
6. Eligibility for learning-disabled or special-needs students will be determined in consultation with the classroom teacher, athletic director, and student's parents on a case-by-case basis.

7. Any student who has been suspended from school for disciplinary or other reasons will not be allowed to participate and attend sports during that suspension period.

Any decision regarding eligibility may be appealed first to the Athletic Director, then the Principal, and then the Board of Christian Education.

The right of participating in athletics is a privilege extended to all students, but continued participation in athletic events requires more than meeting the eligibility requirements. Student athletes must also be in regular attendance at practice and display a Christian attitude through their actions while at practice and games. Failure to follow these guidelines will lead to a student being reprimanded or removed from the team.

Interscholastic Teams

Immanuel offers the following interscholastic opportunities for boys and girls:

Fall

Boys' Soccer	grades 4 - 8
Girls' Volleyball (A & B)	grades 4 - 8
Coed Cross Country*	grades 4 - 8

Winter

Boys' Basketball (A & B)	grades 4 - 8
Girls' Basketball (A & B)	grades 4 - 8
Girls' Cheerleading*	grades 4 - 8

Spring

Girls' Soccer*	grades 4 - 8
Coed Softball	grades 5 - 8
Coed Track	grades 4 - 8

* only if a coach is available

B Team Guidelines

1. B Team level is primarily instructional in nature in which winning is not a priority.
2. All team members are guaranteed an amount of playing time in non-tournament games.
3. In tournaments, coaches are not compelled to use all team members in a given competition, but coaches will make every effort to include all team members if possible.
4. A team member's attitude, especially during practice, attendance at practice, and determination are factors coaches will take into consideration when giving team members playing time.

A Team Guidelines

1. Winning is the desired goal of each contest.
2. Competition level provided by opponent determines how much an individual plays in a given game or match. Tougher competition means we will play our better, more experienced players more. Weaker competition means we have the opportunity for weaker players to develop their skills more fully.
3. Coaches will make every effort to include all team members if possible.
4. A team member's attitude, especially during practice, attendance at practice, and determination are factors coaches will take into consideration when giving team members playing time.

Recommended Uniform Care

1. Uniforms are to be worn for games only. Uniforms are not to be worn while eating.
2. Uniforms are to be hung out to dry immediately after games (not left in gym bags).
3. Uniforms should be washed as needed or after every other use (whichever comes first).
4. Wash in cold water by hand or using a gentle cycle. Be careful of bleeding colors!
5. Line dry. Do not iron unless necessary. Do not touch lettering with an iron. Use as cool an iron as possible.
6. Return uniform within two weeks to the office (washed, dried, and folded) after the season.
7. Uniforms are quite expensive and often not replaceable! Please treat them with care.

Chain of Command

At times, there may be a question or concern about athletics at Immanuel. Please bring your questions and concerns to the proper person so that it may be addressed promptly and properly.

1. Use the 24 hour rule. If you have a concern, please wait 24 hours and then bring it to the attention of the coach. This gives time for cooling down and reflection on the issue for both the parent and the coach before meeting.
2. Speak with the coach. More than one meeting may be needed for the issue to be understood and action to be taken.
3. If the question or concern is still not satisfactorily addressed, the coach and parent should bring the issue to the Athletic Director.
4. If the question or concern is still not satisfactorily addressed, the coach, parent, and athletic director should bring the issue to the principal.
5. If the question or concern is not satisfactorily addressed after this, the coach, parent, athletic director, and principal should bring the issue to the attention of the school board chairman.

Concussion Guidelines

Immanuel follows the WIAA concussion policy that has been in existence for many years. The Wisconsin state law requires immediate removal of an individual from a youth athletic activity if symptoms indicate a possible concussion has been sustained. Subsequently, if a concussion is confirmed, individuals may only return to competition or practice after being evaluated by a trained health care provider. The health care provider is required to provide written clearance in order for the athlete to return to action.

The law requires all youth athletic organizations to educate coaches, student-athletes, and parents on the risks of concussions and prohibits participation in a youth activity until a parent or guardian has returned a signed information sheet indicating they have reviewed the materials. In addition, the state Department of Public Instruction, with assistance from the WIAA, was directed to develop guidelines and other information to educate coaches, athletes, and parents about the risk of concussions and head injuries in all youth sports, including club sports.

The law also includes provisions to protect coaches, officials, or volunteers from liability if they fail to remove an athlete from competition, unless there is gross negligence or gross misconduct. There are 36 other states with a similar concussion law.

Immanuel Lutheran School will abide by this law by doing the following:

1. Each family that has a child participating in an athletic event will be given a fact sheet on concussions.
2. Each parent and student athlete will sign an acknowledgement form each year stating that they understand the "ABCs" of concussions. Forms can be found on the LLAC website.
3. Each coach will go through training and also sign an acknowledgement form so that they know what to expect if an athlete should be hurt during practice or contest.
4. The above forms will be on file at the school during the entire school year.

Athletic Conference

Immanuel Lutheran School is a member of the Lake Lutheran Athletic Conference (LLAC). This athletic league consists of WELS (Wisconsin Evangelical Lutheran Synod) grade schools that are in the Shoreland Lutheran High School Federation. Participating schools in this league are as follows:

Bethany Lutheran - Kenosha, WI
Friedens Lutheran - Kenosha, WI
St. John's Lutheran - Burlington, WI
First Lutheran - Elkhorn, WI
First Lutheran - Lake Geneva, WI
Wisconsin Lutheran School - Racine, WI

Trinity Lutheran - Caledonia, WI
Faith Lutheran - Antioch, IL
Immanuel Lutheran - Waukegan, IL
Our Savior's Lutheran - Zion, IL
St. John's Lutheran - Libertyville

Purpose of the Lake Lutheran Athletic Conference (LLAC)

Section 1 - To promote Christian sportsmanship.

Section 2 - To help develop moral, ethical, spiritual, and physical characteristics of the child.

Section 3 - To promote Christian fellowship.

Section 4 - To develop a better understanding of the sports that the conference offers.

Section 5 - To promote Shoreland Lutheran High School as secondary education alternative for our LLAC schools.

Contact Information

Beth Rockwell Girls' Athletic Director
Cell Phone - 262.914.2090
Email - brockwell@ilswaukegan.com

Jonah Gauger Boys' Athletic Director
Cell Phone - 262.353.6120
Email - jgauger@ilswaukegan.com

Immanuel Lutheran School Phone - 847.249.0011
Email - info.ilswaukegan@gmail.com